

Newington Athletic Department Student-Athlete Assessment

Student-Athlete = _____

Sport and Season = _____

| C.A.R.E.S. | Exemplary | Proficient | Developing | Needs Improvement |
|---|--|---|---|--|
| <p style="text-align: center;">Character</p> <ul style="list-style-type: none"> • Integrity • Respect • Trust • Attitude • Care | <ul style="list-style-type: none"> • Serves as a positive role model to the team and department | <ul style="list-style-type: none"> • Represents themselves, the team, and the department in a positive manner | <ul style="list-style-type: none"> • Sometimes has to be put on task • A few instances of code of conduct issues | <ul style="list-style-type: none"> • Often is put on task • Multiple code of conduct issues |
| <p style="text-align: center;">Academics</p> | <ul style="list-style-type: none"> • 3.67 > Grade Point Avg. • High Honor | <ul style="list-style-type: none"> • 3.66 to 3.00 GPA • Honors | <ul style="list-style-type: none"> • 2.99 to 1.70 GPA | <ul style="list-style-type: none"> • 1.69 GPA or below • Academic Assistance (2 D's or D & F) |
| <p style="text-align: center;">Responsibility</p> <ul style="list-style-type: none"> • Communication • Accountability • Attendance • Responsible Behavior | <ul style="list-style-type: none"> • Demonstrates superb responsibility skills • Role model for the team | <ul style="list-style-type: none"> • Reliable when it comes to self-responsibility • Dependable | <ul style="list-style-type: none"> • Needs constant reminders about team expectations and guidelines | <ul style="list-style-type: none"> • Demonstrates limited responsibility skills • Issues with meeting deadlines |
| <p style="text-align: center;">Effort</p> <ul style="list-style-type: none"> • Work Input • Confidence • Positive Perseverance • Achievement • Pre-Season Preparation | <ul style="list-style-type: none"> • Works beyond their potential • Serves as a role model to the team | <ul style="list-style-type: none"> • Often works hard • Works to their potential • Shows determination | <ul style="list-style-type: none"> • Sometimes works hard • Does not work at their potential • Needs to be cued about their effort | <ul style="list-style-type: none"> • Many inconsistencies in play/practice • Does not put forth the effort needed to improve |
| <p style="text-align: center;">Sportsmanship</p> <ul style="list-style-type: none"> • Positive Pride • Ethics • Hospitality | <ul style="list-style-type: none"> • Advocate for Sportsmanship • Role model on and off the field/court | <ul style="list-style-type: none"> • Demonstrates Sportsmanship | <ul style="list-style-type: none"> • Understands Sportsmanship • An instance or two of poor sportsmanship | <ul style="list-style-type: none"> • Sportsmanship issues • Reminded often of sportsmanship expectations |
| <p style="text-align: center;">Comments</p> | | | | |

The Student-Athlete's goals should also suggest **HOW** the student-athlete will achieve these goals.

| 1. SEASON Goals/Notes: | Date: | 2. SUMMARY/Notes: | Date: |
|-------------------------------|--------------|--------------------------|--------------|
| Personal: | | | |
| Team: | | | |

| 3. END-of-Season SUMMARY: | Date: | 4. End of Season Notes: | Date: |
|----------------------------------|--------------|--------------------------------|--------------|
| Personal: | | | |
| Team: | | | |